Dissolving Illusions About Vaccine Safety

In this interview, Dr. Suzanne Humphries discusses the recent update to her classic book, “Dissolving Illusions: Disease, Vaccines, and the Forgotten History,” published in 2013.

Story at-a-glance

- The vaccine industry intentionally deceives us about the risks and benefits of vaccines in order to make a profit, with complete disregard for human suffering and the destruction of public health over time
- One of the reasons the polio vaccine doesn’t work is because polio isn’t caused by an infectious virus. It’s caused by toxins. Poliovirus is a commensal virus that is completely harmless in the absence of toxic onslaught
- The changing of definitions is part of the vaccine industry’s playbook. The definition of a “vaccine” was radically altered to allow for the use of experimental modified RNA gene therapy
- Another part of the fraud is using another vaccine as the control in lieu of a true placebo. You simply cannot prove a vaccine is safe by comparing it to another, most likely unsafe, vaccine
- According to Dr. Suzanne Humphries, there are no worthwhile vaccines, not even smallpox or tetanus. Tetanus can be successfully treated using high-dose intravenous vitamin C and other essential nutrients
- Vitamin C works because tetanus is a bacterial disease caused by an obligate anaerobe that cannot survive in

the presence of oxygen. Other oxidative therapies that could be used if the infection is related to a wound include hydrogen peroxide and ozone therapy

In this interview, Dr. Suzanne Humphries discusses the recent update to her classic book, "Dissolving Illusions: Disease, Vaccines, and the Forgotten History," published in 2013. "Dissolving Illusions" is one of my favorite books on vaccines, so I was honored to write the foreword for this 10th anniversary edition.

The 'Safe and Effective' Narrative Is a Carefully Fabricated Illusion

That word, "illusions," is an apt one, because the vaccine industry really is all about promoting illusions. They intentionally deceive us about the risks and benefits of vaccines in order to make a profit, with complete disregard for human suffering.

> *"What I've learned over 15 years of really immersing myself in this is that it's the same old story over and over and over again," Humphries says. "Sometimes people ask me, 'What is the driver? Why do they do this?' My answer is that I cannot completely answer why. Yes, certainly, there's greed involved, especially today, but I think there's probably some more sinister operations at play.*
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> *The one thing we can say is that for 225 years, the same story has been repeated over and over again, which is that vaccines come out, and they make previous diseases that were not really very problematic worse. The vaccines cause problems.*
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> *The death rates were always coming down for any disease*

before any therapy came in at all, whether it's an antibiotic or a vaccine … Trying to help humans live better, longer lives, to strengthen their bodies and their resilience, that's always been the key.

Yet at the same time, there's been this dampening force over humanity, contaminating the blood of humanity with animal products and disease, viruses and spores and things that you can't even imagine. They used to call the smallpox vaccine 'pure lymph,' but it was pus. It's a horror story. It's always been a horror story. So, to me, COVID was just another day at the office."

Malicious Acts

In the interview, Humphries recounts the impetus behind the book. She first became aware that vaccines might be problematic when she was working as a nephrologist in northern Maine.

After a three-years-long struggle with the hospital administration, who refused to listen to any of her concerns, she finally got out, paid off her student loans and moved into a pop-up camper on a friend's farm in Virginia, where she wrote the first edition of "Dissolving Illusions," together with Roman Bystrianyk, who had been researching the history of disease and vaccines since 1998.

She spent the next seven years giving lectures around the world, and got her fair share of death threats. The brake line on her car was sabotaged, someone shot a crossbow arrow into the ground in front of her front door, and an obvious nut job detailed how he intended to torture and kill her in horrible ways. All for speaking out about the hazards of vaccines and the lies that keep the vaccine industry going.

"I think it's because when you're someone that has

credibility — I was considered a top doctor in Maine, as a nephrologist — and comes out saying what I was saying, it is a big threat. It's not necessarily that I was some important person, but it was where I came from," she says.

CDC Has Been Hiding Vaccine Injuries for Years

Humphries also recounts how the Centers for Disease Control and Prevention has been hiding vaccine injuries by deleting reports filed.

"I started reporting these vaccine injuries to the CDC. I would report them because my colleagues around me wouldn't. But then they started bringing them to me, going 'Here's another one, Suzanne. Here's another one.' Each time I would report one, I would get a call from the CDC saying, 'OK, someone else will be calling you,' and then I'd get another call.

It was just a creepy, weird thing. Then after six months, I get a call from the main representative of the CDC, this doctor, and we had a flat out fight on the phone. He said to me, 'What happened to you that you think all these vaccines are causing so many problems?'

I'm like, 'What happened to me is that I've been watching it happen, and then you're giving this live flu vaccine to children when the insert tells you exactly the symptoms you're going to get, which is the flu.' He's like, 'Well, that's my specialty and that absolutely doesn't happen.' I said, 'Well, I think we're going to have to agree to disagree on that.' He hung up on me, and that was the last I ever heard of him.

And guess what? They never made it to the VAERS database. They were deleted. I had the actual vaccine lot numbers. Everything was meticulously documented in these reports."

What's in the 'Dissolving Illusions' Update?

One of the silver linings of the COVID mass injection campaign is that it has awakened many to the notion that vaccines aren't all they're cracked up to be. The COVID shots are so toxic, even though the injuries are being swept under the carpet like never before, there are just so many of them that the carnage cannot be hidden. And, because government and health authorities refuse to acknowledge the problem, many are now questioning all vaccines, not just the COVID shot.

"It's a dark night of the soul when you wake up to it," Humphries says. "Your whole world does get a bit shattered, because you start to realize that the entire medical system is corrupt and backwards and that there's probably better ways to do just about everything.

And you know what? For 225 years, doctors have been saying that, and for 225 years, those doctors have been ignored. That's one of the reasons we wrote the second book, 'The Dissolving Illusions Companion book.'

It's another huge book, about 600 pages, with 230-something doctors giving different quotes about what they saw, boots on the ground, for smallpox vaccines to the toxoid vaccines to scarlet fever, typhoid, and the worsening of all diseases that occurred after they gave vaccines.

Some of them basically come out and say, 'The entire profession of medicine is a complete waste of time. [They're

doing] damage to humanity. It would be better if all the doctors just were taken off the Earth and for humanity to do nothing.'

What we've done over the past 10 years is, in my travels, I would have to do more research to present different diseases. I would go one place and they say, 'We want to hear about tetanus,' or they want to hear more about whooping cough. More medical literature has also come out. So, we've added basically another book to 'Dissolving Illusions.'

We've expanded it by 200 pages. We've added on a chapter on tuberculosis, which was called the White Plague. There's an extra addition to the smallpox chapter. I've added about 20 or 30 new pages to the pertussis chapter. There is a chapter on deadly medicine, the practices from the early 1800s through to the 1940s that were provably causing lots of harm.

Roman came up with more charts. There's a follow-up on the polio chapter. Dr. Jacob Puliyel, who lives in India, wrote the papers on the oral polio vaccines, how they were causing paralysis in children. We added those follow-up papers, as well as a lot of other data that we left out of the original chapter to try to save space, but it's so important, it really needs to be put out there."

The Polio Illusion

Based on the available science, Humphries is convinced that one of the reasons the polio vaccine doesn't work is because polio isn't caused by an infectious virus. It's caused by toxins. Poliovirus is a commensal virus that is completely harmless in the absence of toxic onslaught.

"We have to distinguish poliovirus from poliomyelitis,"

Humphries explains. "Poliomyelitis is when there's damage to a certain part of the spinal cord or the brain stem in the gray matter and causes paralysis in one or more muscle groups. It can cause paralysis to nerves that supply the diaphragm, which is why the iron lung was brought in.

[Poliomyelitis] was always attributed to a virus, which is really interesting when you consider that the early researchers were trying to infect monkeys with poliovirus and they couldn't infect them. They stuck it up their noses. They would inject it into their bodies. They couldn't cause paralysis in these monkeys until they injected matter from other paralyzed humans or animals into their brains.

That's what it took to actually paralyze them. It's a commensal virus. Polio is a commensal virus that has existed from time immemorial. When researchers went down to the Brazilian rainforest and found the Xavante Indians and convinced them to give them some blood samples and fecal samples, they found that just about 100% of these native people were colonized with polio, and there was no history of paralysis anywhere in the tribes.

Nobody talked about people that couldn't breathe. They were fetchingly healthy. Same happened in the Philippines. When you look at the people living close to the earth, living healthy lives, and then comes the … [Western] lifestyle habits of sugar, tobacco, medicines that contain mercury, lead, arsenic and vaccinations spreading syphilis.

Latent syphilis gives you poliomyelitis. Lead can give you poliomyelitis. Arsenic is probably the most interesting, because not only does it clinically give you the exact scenario of poliomyelitis, but even in the spinal cord, it's exactly the same. That's been proven. I'm not a virus denier.

There is actual virus that is commensal."

Are Viruses Real?

By now, you've probably heard the theory that there are no viruses, period. That the entire field of virology is a hoax, and that what we perceive as viruses are merely a type of cellular debris being shed when your body is trying to detox. Having delved deep into the science of infectious disease, Humphries disagrees with this theory. Viruses do exist. The question is whether they're as dangerous as they're made out to be. Humphries comments:

"You get chickenpox one time and you're immune to it forever. You can be exposed to it over and over again and you don't get it. Well, if it's a detox, like they say, why doesn't it carry on? I'm still as polluted as I probably was 10 years ago. I'm not getting chickenpox over and over again. I got it one time.

Why do these children that are nonimmune get it? … When you look at it that way, it's like, 'Come on, people. These viruses are all different. They have different manifestations.' Influenza virus is a completely different entity.

The measles virus hasn't really shifted genetically very much over the years. The natural one hasn't. What's really shifted it is the vaccines. When you start injecting people with the virus, having it go into the body in an unnatural way so that there is not a full immune response, that's what causes mutations in the viruses because they're able to work their way around the vaccine.

It's happened very slowly with measles. It happened very

quickly with the whooping cough bacteria, because of the really inefficient vaccine that was created for that.

The flu shots don't work at all. Even Anthony Fauci came out with paper in 2023 that was almost a confession; about how poorly they've done with these viral vaccines and flu shots, and how if they were compared to all the other vaccines, they wouldn't even be allowed to be on the market.

He said the COVID vaccines have the same problem. It's because they're not getting immunity where immunity is required, which is on the lung and the mucosal surfaces. How crazy to inject into a muscle a vaccine and think that you're going to get solid immunity on the nasal and upper respiratory mucosa. Absolute insanity.

Same with the polio vaccine … Salk comes along and creates this injectable vaccine. They had to manipulate that data so much. They had to change the definition of what they considered as polio.

That's what we added to [the polio] chapter. We're showing the charts and what they would look like in their pure form, without changing the definitions. The rates of polio actually went up hugely after that vaccine was introduced. So, there's never been a vaccine that's really worthwhile giving."

Changing Definitions Is Part of the Illusion

The changing of definitions is part of the vaccine industry's playbook. They had to do the same for the COVID pandemic. Not only was the definition of "pandemic" changed, but also the definition of a "vaccine," to allow for the use of

experimental modified RNA gene therapy.

> *"They did the same thing they did with the Salk vaccine," Humphries says. "See, history just repeats itself. So, the first vaccine that came out, the Salk vaccine, had merthiolate [thimerosal], a mercury compound, in it to kill off unwanteds, but Salk wasn't happy with the field trials – the results of the antibody response from those children – so they took the merthiolate out.*
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> *So, we had one vaccine that was used for the testing and another that was given to the public. The same happened with the COVID vaccine. The mRNA technology, that's not how the original ones were given.*
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> *I did a talk not that long ago in Denver, where I went into this in depth; how the vaccine that was given for the trials was completely different to the one given to the public. It was much more pure for instance … It was a very, very different vaccine that was used on the population. Then of course, that vaccine changed. So, different companies had different ways of manufacturing."*

Another part of the fraud is using another vaccine as the control in lieu of a true placebo. You simply cannot prove a vaccine is safe by comparing it to another, most likely unsafe, vaccine.

Yet that's how it's done. By using a toxic "control," many of the adverse effects are automatically hidden as people in the control group end up suffering similar adverse events, and at a similar rate. This tactic was used in some of the COVID shot trials as well.

Why You Don’t Need a Tetanus Vaccine

According to Humphries, there are no worthwhile vaccines, not even smallpox or tetanus, and certainly not the polio vaccine. She’s treated several cases of tetanus in the last five years, including in at least one fully vaccinated individual, using high-dose intravenous vitamin C and other essential nutrients.

One of the reasons why this works is because tetanus is not a viral disease. It’s a bacterial disease caused by the Clostridium tetani bacterium, an obligate anaerobe. It can reside in soils, but it can also reside in your intestine where there’s no oxygen.

Oxygen is toxic to it. If you expose that organism to oxygen, as you do with vitamin C (because the metabolite of vitamin C is hydrogen peroxide), it’s instantaneously killed. Ozone therapy would likely be even more effective, for this reason.

So, if you get tetanus from a wound, the last thing you need is a tetanus shot or tetanus antibodies. All you need to do is apply ozone to the wound. It’ll instantly destroy the bacteria. Applying hydrogen peroxide would also work. As explained by Humphries, vitamin C is also a neutralizer of toxins, which is another reason it works.

Tetanus is a spore, and it transforms under anaerobic conditions into a toxin-producing organism. If you can neutralize the toxin and kill the microbe, then you’ve won the battle. One hundred percent, we’ve won the battle. Humphries comments:

> *“In rabbit studies, they got tetanus spores and ground glass and put it under the skin of rabbits, sewed it up. If they gave rabbits vitamin C at the time that they did this, 100% of them survived. If they did it afterwards, the majority of them survived. If they already had high levels of vitamin C,*

all of them survived.

So, the rabbit study showed us that not only is tetanus preventable, it's treatable. I don't necessarily believe that by [injecting] a toxoid, that you're going to respond …

There are so many case reports of people with paralytic tetanus after having five vaccines … I don't care what wound I have. There's no way a tetanus vaccine or a tetanus immune globulin, which is a human pooled blood product, is going into me …

[The tetanus shot] actually changes your T-3 to T-4 ratio. This is all documented. I didn't put it in the book, but I've got a video out there from when I was in Finland, showing that it definitely changes the way your immune system works. All vaccines do."

More Information

What people have to realize is that the schemes used to push the COVID shots is nothing new. "It's pretty much exactly the same as it's been for 225 years, where the recipients are not the beneficiaries of this technology and humanity is not getting healthier by any means as a result of it," Humphries says.

To truly understand the vaccine industry's modus operandi, be sure to pick up Humphries' "Dissolving Illusions" 10th anniversary edition. It's coming out in two forms: a standard hard copy, and a special coffee table edition. The standard hard copy has been translated into 10 languages, with more coming. Kindle and audio book formats are also available.

Also consider picking up a copy of "The Dissolving Illusion's Companion" book, which features the quotes of hundreds of

doctors, stories of vaccination tragedies, the timeline of vaccines, rare documents that have been scrubbed off the internet, a recommended reading list and much more. For more details and free sample chapters, see dissolvingillusions.com. In closing, Humphries comments:

> *"This is a really important point: It's not just about not vaccinating. If you're going to feed your children garbage and if you're not going to have a healthy lifestyle, I say go vaccinate, because when you get sick and you have to go to the hospital, you're going to be abused.*
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> *But if people follow your recommendations – you're like the underscore to 'Dissolving Illusions,' you're the solution to how to stay healthy so that the perceived need for these vaccines isn't there …*
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> *Historically, [survival] has not been about vaccines. It's not been about medications, it's not been about antibiotics. It's always been about plumbing, nutrition, fresh air, vitamin D, lifestyle, and keeping poisons out of our bodies. That's always what it's been about in terms of survival.*
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> *Does that mean we'll never get sick? No, it doesn't. But I personally believe it's good to get sick once in a while and get some of that effusions out of your lungs and your nose. I think that does us some good once in a while."*